



shapesforeffectivecommunication

Powered by PsychoGeometrics®

FACILITATOR GUIDE

## WELCOME & INTRODUCTION

### Welcome & note from Susan Hite, CEO and Innovator of PsychoGeometrics®

On behalf of our team, welcome to our family of Shapes Facilitators. We recognize your significant role in the personal development and professional growth of people, and we are honored that “Shapes” is now part of your “toolbox” to help strengthen relationships and communication.

It will be your personal experience and connection with your participants that will make all the difference between just another training class and a class that will resonate as relatable. Your ability to connect will make the PsychoGeometrics communication system all the easier to understand, remember, and apply to communicate more effectively. In many cases, your participants will notice an immediate shift in how they see and understand themselves and others. Thoughts and feelings of confusion, frustration, and tension will turn to clarity, satisfaction, and fulfillment. This is achieved when your participants learn they already have the power within to focus on what they can control that will positively influence what they can't.

“You can't control others. You can't change the way others think, act, or interact.  
But you can manage your own behavior that influences results.”

Through knowledge and skill development, Shapes provides a sense of control and the tools to raise the probability that others understand you, and that you understand others. Understanding is the key to effective communication. Here's to you and all the relationships that will benefit when you share Shapes for Effective Communication.

As always, please reach out with any questions, recommendations, or requests for additional content or applications to meet your needs and the needs of your participants. Continuous improvement is something we value; therefore, your feedback is invaluable to us.

With Gratitude,

Susan Hite  
CEO of PsychoGeometrics



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